STUDENT AWARDS 2014 - 2025





RESIDENTIAL URBANISM AND AGING

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The impact of residential urbanism and aging of young adults on car travel demand in the Netherlands

Travel demand in the Netherlands has been decreasing over the past two decades. This applies particularly to car travel by young adults and urban residents. Despite this, over 50% of all trips in the Netherlands are still made by car. The impact of urbanisation on car travel demand and the development of car travel by young adults in the longer term is still not clear.

This research examines the role of residential urbanism in car travel behaviour for different types of household composition in the Netherlands. It also explores the development of car travel behaviour among young adults.

Two waves of data from the Dutch Mobility Panel, from 2013 and 2019, were selected. Participants from waves, aged 18 and over, were asked to complete a three-day trip diary. This enabled changes in demographic characteristics together with changes in car travel behaviour within this group to be analysed.

The analysis revealed that residential urbanism is an important factor for determining car travel behaviour. However, residential urbanism does not affect all household types in the same way. It's clear that households with children travel by car more frequently whereas singles, especially in cities, are more inclined no to travel by car.

The results imply that urbanisation has the potential to decrease car travel demand among single person households and couples. However, as young adults age, they exhibit similar car travel behaviour to older adults.

Household type	Residents of the most urban areas (2500 or more inhabitants/ km^2)			Residents of the least urban areas (1000 or less inhabitants/ km^2)		
	Singles, N = 251	Couple, N = 154	Couple + children, N = 57	Singles, N = 123	Couple, N = 303	Couple + children, N = 202
License holding	205 (82%)	134 (87%)	53 (93%)	109 (89%)	276 (91%)	195 (97%)
Car ownership	122 (49%)	133 (86%)	53 (93%)	93 (76%)	288 (95%)	190 (94%)
Preferred transport mode to work			924 928			
Bike	73 (29%)	38 (25%)	12 (21%)	21 (17%)	46 (15%)	39 (19%)
Car	50 (20%)	36 (23%)	30 (53%)	38 (31%)	88 (29%)	122 (60%)
Not applicable	75 (30%)	48 (31%)	9 (16%)	43 (35%)	157 (52%)	26 (13%)
Public transport	19 (7.6%)	12 (7.8%)	2 (3.5%)	5 (4.1%)	1 (0.3%)	3 (1.5%)
Walking	6 (2.4%)	0 (0%)	0 (0%)	0 (0%)	1 (0.3%)	0 (0%)
Preferred transport for groceries			20 8520			
Bike	73 (29%)	38 (25%)	8 (14%)	44 (36%)	103 (34%)	41 (20%)
Car	41 (16%)	42 (27%)	26 (46%)	32 (26%)	108 (36%)	109 (54%)
Not applicable	29 (12%)	20 (13%)	4 (7.0%)	11 (8.9%)	21 (6.9%)	11 (5.4%)
Public transport	1 (0.4%)	0 (0%)	0 (0%)	0 (0%)	1 (0.3%)	0 (0%)
Walking	52 (21%)	19 (12%)	4 (7.0%)	7 (5.7%)	16 (5.3%)	5 (2.5%)
Home to work travel by car	64 (25%)	43 (28%)	31 (54%)	45 (37%)	93 (31%)	129 (64%)
Average number of trips	13.0 (7.1)	12.2 (7.1)	11.9 (6.2)	10.7 (5.6)	10.1 (4.8)	11.2 (5.2)
Average distance travelled (km)	229.8 (346.2)	149.8 (248.4)	217.1 (282.9)	142.2 (211.3)	107.1 (144.1)	147.6 (172.8)
Average number of trips by car	3.1 (3.9)	4.4 (4.1)	6.9 (5.4)	4.8 (3.9)	5.2 (4.0)	6.8 (4.8)
Average number of PT trips	3.9 (6.8)	3.0 (7.1)	1.4 (4.0)	1.2 (3.4)	0.2 (1.3)	0.1 (0.8)